



# SAMHSA

Substance Abuse and Mental Health  
Services Administration



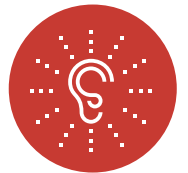
## Get Help: 24/7 Confidential Support

### Treatment Services Info:

- Find a mental or substance use disorder treatment facility near you: [National Helpline](#)  
1-800-662-HELP [4357]
- Behavioral Health Treatment Services Locator:  
<https://findtreatment.samhsa.gov>

### Immediate Crisis Counseling:

- [988 Suicide & Crisis Lifeline](#)  
Dial 988
- [Veterans Crisis Line](#)  
Dial 988 and then press 1
- [Disaster Distress Helpline](#)  
1-800-985-5990



**SAMHSA is the lead Federal agency for public health efforts to advance behavioral health prevention, intervention, treatment, and recovery for individuals and their families.**

### What We Do

- Reduce the impact of mental and substance use disorders on America's communities; and
- Improve the lives of individuals living with/or in recovery from mental illnesses and substance use disorders.

### How We Do It

- Provide grant funding opportunities and guidance to states and territories, as well as tribal and local communities;
- Provide technical assistance to grantees and practitioners;
- Publish and share resources for individuals and family members seeking information on prevention, harm reduction, treatment and recovery;
- Collect, analyze and share behavioral health data;
- Collaborate with other Federal agencies to evaluate programs and improve policies; and
- Raise awareness of available resources through educational messaging campaigns and events.

For more information on SAMHSA grants, programs, products, and data, visit [SAMHSA.gov](https://www.samhsa.gov).

To join our team, visit [samhsa.gov/join-us](https://www.samhsa.gov/join-us).

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